

# PLASTIC PANTS

## Counselling Card

- Used to protect bedding and clothing from urine and feces.
- Made from medium weight plastic (like plastic sheets for delivery).
- ALWAYS put cotton cloth between patient's skin and plastic pants.

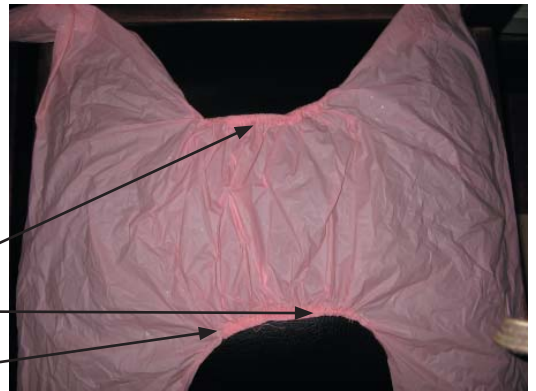
## Making Plastic Pants

**1** Cut plastic sheet into shape of a pant (that is opened up to lay flat). Cut a size appropriate for client.



**2** Have local tailor sew gathers with an elastic band on inside of edges that go between the legs (to prevent gaps that can leak).

gathers  
made by  
tailor



**3** Place a cotton cloth over plastic pant and put them on client making sure that only cotton cloth comes in contact with client's skin. Tie sides of pant to hold in place.

